



Men's Tops Size Chart

Find your exact size using the body measurements below.

Alpha Size	Chest*	Hip	Arm Length
XXS	84 cm	81 cm	76 cm
XS	89 cm	86 cm	81 cm
S	94 cm	91 cm	84 cm
M	102 cm	99 cm	86 cm
L	112 cm	109 cm	89 cm
XL	119 cm	117 cm	91 cm
XXL	127 cm	124 cm	94 cm
XXXL	142 cm	140 cm	95 cm

* Chest is usually the best size predictor. However, if your hip measurement is larger, consider buying the size indicated for your hips.



Women's Tops Size Chart

Find your exact size using the body measurements below.

Alpha Size	Numeric Size	Chest*	Waist	Hip
XXS	00	79 cm	62 cm	86 cm
	0	81 cm	65 cm	89 cm
XS	2	84 cm	67 cm	91 cm
	4	86 cm	70 cm	94 cm
S	6	89 cm	72 cm	97 cm
	8	91 cm	75 cm	99 cm
M	10	94 cm	77 cm	102 cm
	12	98 cm	81 cm	105 cm
L	14	102 cm	85 cm	109 cm
	16	107 cm	90 cm	114 cm
XL	18	112 cm	95 cm	119 cm
	20	117 cm	100 cm	124 cm
XXL	22	122 cm	105 cm	130 cm

* Chest is usually the best size predictor. However, if your hip measurement is larger, consider buying the size indicated for your hips.