



MEN'S UPPER BODY SIZING

HOW TO MEASURE

- **Chest** – Measure around the fullest part of the chest with your arms down. Usually just under the pits.
- **Waist** - Measure around the narrowest part of the waist. Your waist is at the small of the back or where your body bends if you lean to the side.
- **Arm length** - Measure from the side of your neck to wrist fold, over the top of your arm.

Jackets & Tops

Size	Chest Width	Waist Width	Arm Length
XXS	86cm / 34in	68.5cm / 27in	81cm / 32in
XS	90cm / 35.5in	71cm / 28in	83cm / 33in
S	94cm / 37in	76cm / 30in	83cm / 33in
M	102cm / 40in	81cm / 32in	86cm / 34in
L	109cm / 43in	86cm / 34in	89cm / 35in
XL	117cm / 46in	91cm / 36in	91cm / 36in
XXL	122cm / 48in	96cm / 38in	91cm / 36in

IMPORTANT: These are body measurements, not the measurements of our garments.



WOMEN'S UPPER BODY SIZING

HOW TO MEASURE

- **Chest** - Measure around the fullest part of the chest with your arms down. Usually just under the pits.
- **Waist** - Measure around the narrowest part of the waist. Your waist is at the small of the back or where your body bends if you lean to the side.
- **Arm length** - Measure from the side of your neck to wrist fold, over the top of your arm.
- **Hips** - Measure around the widest part of your hip area.

Jackets & Tops

Size	Chest	Waist	Arm Length	Hips
XXS 6	80cm / 31.5in	65cm / 25.5in	76.cm / 30in	86cm / 34in
XS 8	84cm / 33in	69cm / 27in	77.5cm / 30.5in	90cm / 35.5in
S 10	89cm / 35in	72cm / 28in	79cm / 31in	95cm / 37.5in
M 12	94cm / 37in	76cm / 30in	81cm / 32in	100cm / 39.5in
L 14	99cm / 39in	81cm / 32in	84cm / 33in	105.cm / 41.5in
XL 16	104cm / 41in	86cm / 34in	86cm / 34in	110.5cm / 43.5in
XXL 18	109cm / 43in	91cm / 36in	86cm / 34in	115.5cm / 45.5in

IMPORTANT: These are body measurements, not the measurements of our garments.